

# IRON CLAY COWPEAS

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Iron Clay Cowpeas (*Vigna unguiculata*), is a summer annual legume with trifoliate leaves. It is useful as a cover crop in Hawaii. It can be used as a nitrogen fix, to control erosion, and to improve soil properties

## **Benefits from the Iron Clay Cowpea:**

- Excellent cover crop to suppress weeds, provide erosion control, and attract beneficial insects.
- Quick growth and establishment.
- Works as very good atmospheric nitrogen, and for increasing soil organic matter content. Improves soil structure after soil incorporation.
- Increases phosphorus availability in the soil.
- Can tolerate heat and drought. Also moderate shade and low fertility soils.

**Koolau Seed & Supply Company**

48-373G Kam Hwy, Kaneohe, HI 96744

Phone: (808)239-1280

Fax: (808)239-2151